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Southern mantis system - scribd

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Chu gar kung fu - youtube

Feb 26, 2013 Chu Gar Kung Fu at Kowloon Park Kung Fu Corner. 24 Feb 2013. Chu Gar Kung Fu at Kowloon Park Kung Fu Corner. 24 Feb 2013

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Learn the complete system of Kwongsai Bamboo Forest Temple Southern Praying Mantis John is also a formal disciple of Chu Gar Gao Hakka Hong Kong Chu Gar

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