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Title: China Southern Praying Mantis Kungfu Survey Description: Jook Lum, Chu Gar, Iron Ox Southern Praying Mantis Kungfu. China's Ongoing Research.

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Jan 12, 2014 this is a clip of Chu Gar Tong Long / southern praying mantis. This is the opening of the 1st set Sam Bo Gin [ as taught to me by Master Chen Ching Hong

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### **Chu gar**

CHU GAR Other southern. Mantis kwongsai jook lum, Alan clemens roger d hagood. Jiao southern. Southern praying mantis. Aang hun gar while toph never satisfied.

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Kwong Sai Jook Lum by Gin Foon Marks Kung Fu Association Lo Mang of the famed Venom Mob is an expert in Chu Gar Southern Praying Mantis having studied the martial

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Feb 12, 2009 Yao Kam Fat Sifu, 2002, Aged 80, Student of Wong Yook Gong Mr. Yao related many incidents of the past, especially regarding Chu Gar Gao and Jook Lum

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who added more forms to the original three and founded the Chu Gar Southern Mantis. Roger Hagood Roger D Within Southern Praying Mantis kung fu,

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### **Chu gar gao southern praying mantis cheng wan**

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